

# NVQ Health and Social Care Level 3

This NVQ is aimed at individuals who often work without direct supervision or on their own, perhaps in a user's own home.

Candidates completing this NVQ may wish to progress to further qualifications at level 4 in the same and related subject areas, including NVQ Health and Social Care Level 4.

To achieve the level 3 qualification learners need to complete four mandatory and four optional units.

The mandatory units are as follows:

- Promote effective communication for and about individuals
- Promote, monitor and maintain health, safety and security in the working environment
- Reflect on and develop your practice.

The fourth core unit, depending on your chosen pathway, is either:

- Promote the well being and protection of children and young people (Children and young people)
- or
- Promote choice, well being and the protection of all individuals (Adults).

These are a selection of optional units for the adult pathway and there are many more available:

- HSC 328 Contribute to care planning and review
- HSC 334 Provide a home and family environment for individuals
- HSC 335 Contribute to the protection of individuals from harm and abuse
- HSC 343 Support individuals to live at home
- HSC 351 Plan, agree and implement development activities to meet individual needs

- HSC 358 Identify the individual risk of skin breakdown and undertake the appropriate risk assessment
- HSC 360 Move and position individuals
- HSC 369 Help individuals with specific communication needs
- HSC 375 Administer medication to individuals
- HSC 396 Enable people with mental health needs to develop coping strategies

These are a selection of optional units for the children and young people pathway and there are many more available:

- HSC 36 Contribute to the assessment of children and young peoples' needs and the development of care plans.
- HSC 37 Care for and protect babies.
- HSC 38 Support children and young people to manage their lives.
- HSC 39 Support children and young people to achieve their educational potential.
- HSC 314 Care for a newly born baby when the mother is unable to do so.
- HSC 315 Work with children and young people with additional requirements to meet their personal support needs.
- HSC 323 Contribute to child care practice in group living.
- HSC 325 Contribute to protecting children and young people from danger, harm and abuse.

Assessments will take place in the workplace and will include the following methods: Observation, professional discussion, questioning, and projects and assignments.